

NEXT STEPS

PRIORITY 1

The faculty are focusing on a return to normality after the pandemic. This will include ensuring that all clubs, teams and fixtures are re-established. It will also mean that other extra-curricular opportunities such as trips to professional sports fixtures and our Sports Tour are being planned. Finally events such as the Sports Information Evening will be planned.

PRIORITY 2

The faculty are also focusing on how to use iPads to enhance teaching and learning and to improve pupils' learning experiences. We aim to integrate their usage appropriately within lessons. We will work with other faculties within the authority to share good practice and improve our delivery.

CAREERS

Study within our faculty can lead to an opportunity to pursue a wide variety of career pathways. Some of which can be entered into directly from school whilst many will involve further training at college or university. Possible careers include: Sports Development, Sports Coaching, Teaching, Sports Science, Psychology, Physiotherapy, Leisure/Sports Management, Professional Sport and Sports Journalism.

TRANSFERRABLE SKILLS

We also provide the opportunity to develop important life skills which are transferrable to a wide variety of career pathways. This includes developing skills linked to: communication, leadership, organisation, planning and working with others.

GET IN TOUCH



Thinglink



Youtube link



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Health and Wellbeing

FIRRHILL HIGH SCHOOL

Excellence for All



OUR STAFF

PHYSICAL EDUCATION

Miss Carmichael (Curriculum Leader)

Mrs Harkness

Mr Leitch

Mr Monaghan

Miss Neilson

Miss Norman (Active Schools)

Mrs Polwart

Mr Rahemian

COURSES OFFERED

PHYSICAL EDUCATION (PE)

We offer PE to all pupils from BGE up to Higher PE. BGE PE covers benchmarks within the four factors of physical fitness, physical competencies, cognitive skills and personal qualities. National 5 and Higher PE focus on developing the factors that impact on performance alongside performance development.

SPORT AND RECREATION

The sport and recreation course develops life skills such as communication, planning and organisation and management of others carried out through work experience within the leisure industry.

SPORTS

The Sports Leadership course builds employability skills including communication, team work, self belief and problem solving. The outcomes are reached through a combination of primary placements, planning and hosting sporting events and evaluation of personal leadership skills.

LEADERSHIP

MENTAL HEALTH & WELLBEING AWARD

This award can be studied at Level 4 in S4 and Level 5 in S5/6. The course explores different areas of Mental Health and Wellbeing and will provide an opportunity to contribute to whole school projects/ideas and begin to develop a personal toolkit for good MHWB.

HIGHLIGHTS

EXTRA-CURRICULAR

We were delighted to restart our extra-curricular programme after a year of COVID restrictions. We resumed a jam packed programme and we had the biggest uptake to date across our clubs. One of Firrhill's sporting highlights of the year was winning the Lothian Schools Football Senior Plate. The boys beat a very strong Balerno side 2-1 in the final, a great achievement!

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SPORTS LEADERSHIP

Our S6 Sports Leadership pupils planned and delivered some brilliant PE lessons to our local primaries over the course of two placements. We are very proud of the hard work and commitment our leaders gave and we received lots of positive feedback from the primaries about their experiences.

INTERHOUSE EVENTS

This year also saw the return of our interhouse events in which Allermuir, Braidlaw, Caerketton and Darrach battled it out in dodgeball, touch rugby, football and hockey. Led by our Sports Leaders and Sport & Rec pupils, we had 4 successful events across the school year. All pupils were a credit to their house and our students who led each event were great role models to their younger peers.

