



Produced by the Parent Council

Firrhill News

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Cycling



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Last season Louis Moore S3, a member of the Edinburgh RC Juniors, took part in a national road race on the Isle of Man. Louis has many races scheduled this season and will also be heading off to Holland with his team mates to watch the world championships in Cyclo-cross. In January, in very wintery conditions, he took part in a 24-hour endurance race in Strathpeffer called the 'Strathpuffer'! He is also enjoying coaching the younger kids, as part of his Duke of Edinburgh Award.



The Strathpuffer – or “the Puffer” – started in 2005. It has now become an international event, attracting competitors from all over the world to take part in this fun, but very challenging, winter endurance cycling event.



Edinburgh RC Juniors

Louis Moore, S3
(5th from the right)
pictured with the
Edinburgh RC
Juniors.

*Photo by Eric Martin
Currie RT.*



Cycling Training and Clubs

During the summer term cycle training in the form of Bikeability level 2 or 3 will be offered to pupils who wish to improve their cycling skills. Some cycling-related outings and events will also take place such as: Dr Bike sessions, the pump track, led cycle rides and possibly a visit to the Glasgow velodrome.

As the school works towards achieving the Cycle Friendly Secondary School Award, Mr Denvir, teacher, a keen cyclist, is our new Cycle Champion and Louis Moore is our “pupil role model”.

A new Bike Club for cycling and related activities will soon be announced in the weekly bulletin. There will also be a new pupil Cycle Forum to discuss any cycling-related issues.

We would welcome pupils from all year groups who are interested in cycling to join these groups. Any parents who are interested will be given the opportunity to ride the designated cycle routes from their local area to the school.

Cycle Friendly Secondary School

We would welcome any parents with an interest in helping to raise the profile of safe cycling to come to the Environment Group meetings. More people are needed who are willing to undergo (free) training in order to be able to deliver cycle training to pupils. Any parent/carer interested in helping should contact Carolyn.hargest@btconnect.com

Cycling Scotland