

Volunteer Opportunities For Young people aged under 18 years

This leaflet contains details of opportunities suitable for young people aged under 18 years. Please note that this is not an absolute list and additional opportunities that arise might be found on the Volunteer Edinburgh website.



Volunteer Edinburgh

Pop-in for more information: at **222 Leith Walk, Edinburgh EH6 5EQ**

Opening Times:

Monday – Thursday: 9.30am – 5pm, and Fridays – 9.30am – 4pm

Tel: 0131 225 0630 Email: admin@volunteeredinburgh.org.uk

Website: www.volunteeredinburgh.org.uk



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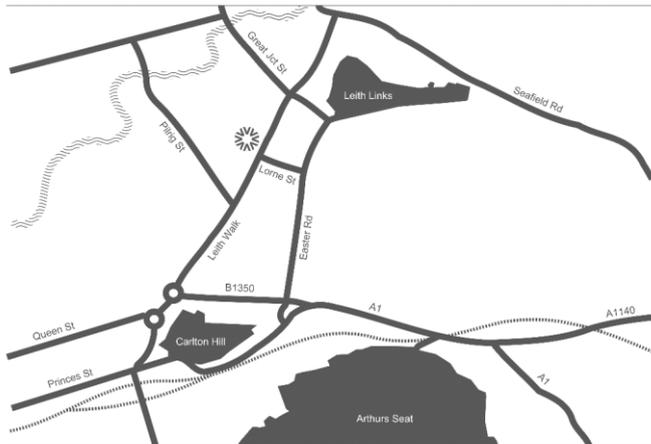
Volunteer Edinburgh | 222 Leith Walk | Edinburgh | EH6 5EQ
admin@volunteeredinburgh.org.uk | 0131 225 0630 | volunteeredinburgh.org.uk

Volunteer Edinburgh is located approximately 1 mile from York Place Tram Terminal and 1.3 miles from Edinburgh Waverley

 Bus Lothian Buses 7 | 10 | 12 | 14 | 16 | 22 | 25 | 49

 Foot Approximately 25 minutes walk from Edinburgh Waverley

 Car Free one hour parking available on Leith Walk
Unrestricted parking on the surrounding streets



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Saltire Awards

Recognise the achievements made in volunteering for young people aged 12 to 25. Saltire Awards are Scottish awards designed to formally recognise the commitment and contribution of youth volunteering to voluntary organisations.

Supported by the Scottish Government the Saltire Awards enable young volunteers to record the skills, experience and learning gained through successful volunteering placements provided by local and national voluntary agencies.

Find out more by going on to the Saltire Awards website. www.saltireawards.org.uk

To find out more information please go on to the Saltire Awards website www.saltireawards.org.uk or Contact Tyler at Volunteer Edinburgh on 0131 225 0630

Email: saltireadmin@volunteeredinburgh.org.uk

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No Minimum Age

St Giles Cathedral

St Giles' Cathedral volunteer guides aim to: provide their visitors with a warm, welcoming atmosphere; offer a high quality visitor experience which is enjoyable, meaningful and memorable; enable, encourage and assist visitors to explore their fascinating history, architecture and spiritual heritage, whatever their interests, beliefs and levels of knowledge.

Minimum Age: No minimum age although spaces for under 18s may be limited

Contact: Stephen Preston, St Giles Cathedral, Royal Mile, Edinburgh, EH1 1RE

Tel: 0131 225 9442 **E-mail:** stephen.preston@stgilescathedral.org.uk

Web: www.stgilescathedral.org.uk

Keep Scotland Beautiful

Keep Scotland Beautiful has been active in Scotland for over 40 years. They work on clearing up litter and campaigning for a clean and tidy Scotland. Minimum age: No minimum age provided adult supervision is given for under 16's

Contact: Glendevon House, First Floor, The Castle Business Park, Stirling FK9 4TZ

Tel: 01786 471333 **E-mail:** Email via website **Web:** www.keeptoscotlandbeautiful.org

Active Schools

Active Schools aims to make more school pupils more active more often in sports activities. Every school in the Council of Edinburgh has an active schools co-ordinator

Minimum age: No set minimum age

Contact: Jodi Kean , Active Schools Co-ordinator

Tynecastle HS, Balgreen PS, Dalry PS, Craiglockhart PS and Stenhouse PS

Tynecastle High School, 2 McLeod Street, Edinburgh, EH11 2ND

Mobile: 07884 228020 **Email:** jodi.kean@ea.edin.sch.uk

Every school in the City of Edinburgh has an Active School Co-ordinator, so talk to your Physical Education teacher to find out more

Minimum Age: 8 years

Eczema Outreach Scotland

Do you have eczema? Would you like to help other young people with the same condition? We are looking for young ambassadors who are living with eczema to help with an exciting new project.

Contact: Eczema Outreach Scotland, Bryerton House, 129 High Street, Linlithgow, West Lothian, Scotland, EH49 7EJ

Young people coordinator for the XY zone

Tel: 01506 840 395 **Email:** info@eczemaoutreachscotland.org.uk

Web: <http://eczemaoutreachscotland.org.uk/>

Minimum age: 12 years

Help for Heroes

Our mission is to deliver an enduring network of support for our wounded and their families. Under 14's Must be Accompanied by an adult during volunteering. 14 – 18 year old must have written permission from a parent

Contact: Ailsa Alcock, National Volunteer Team

H4H Tin Hut | PO Box 79 | Aspire Business Centre | Tidworth | Hampshire | SP9 9AF

Tel: 0131 553 0246 **E-mail:** ailsa.alcock@helpforheroes.org.uk

Web: www.helpforheroes.org.uk/get-involved/volunteer-for-h4h/how-can-i-help/

Minimum age: 13 years

Oxfam Shops

Oxfam is an international confederation of 15 organisations working worldwide to overcome poverty and injustice around the world. Oxfam Scotland runs campaigning, development education, anti-poverty and trading programmes in Scotland with distinct media and policy components.

Contacts: **Web:** www.oxfam.org.uk

Morningside Shop
Jean Wood
204-206 Morningside
Road
Edinburgh, EH10 4QQ

Stockbridge Music Shop
Jamie Morrison
64 Raeburn Place
Edinburgh, EH4 1HU
Tel: 0131 332 7593
Tel: 0131 447 8454

Nicolson Street Shop
Sharon Fraser
120-122 Nicolson Street
Edinburgh, EH8 9EJ
Tel: 0131 662 4498

Minimum age: 14 years

Drum Riding School for the Disabled

The Drum Riding School for the Disabled is run and managed by volunteers.

They are always looking for reliable people who can help and inspire the disabled people that attend the riding school.

Minimum age: 14 years for secretarial or maintenance
16 years for working with ponies

Contact: The Drum Riding School for the Disabled

DRUM RDA, Drum Estate, Gilmerton, Edinburgh EH17 8RX

Tel: 0131 664 5803 **E-mail:** drumrda@hotmail.co.uk **Web:** www.drumrda.org.uk

Gorgie City Farm

Gorgie City Farm is a popular community venue and educational resource bringing the countryside into the heart of Edinburgh. The farm has several departments offering a range of volunteering opportunities and different types of work

Contact: Roz Angus Gorgie City Farm, 51 Gorgie Road, Edinburgh, EH11 2LA

Tel: 0131 337 4202 **Website:** www.gorgiecityfarm.org.uk/

The Gardening Project: garden@gorgiecityfarm.org.uk

For Animals: volunteering@gorgiecityfarm.org.uk

The Green Team

The Green Team works with young people to promote active learning through enjoyment in the outdoors. Join in our programme of our practical conservation days and help to plant trees, improve footpaths or remove invasive bushes. One day and residential programmes are available. A fee of £12 per day may be required to cover running costs. Ages: Suitable for young people aged 14-25

Contact: The Green Team, Tynecastle High School, Edinburgh, EH11 2ND

Tel: 0131 337 7227

E-mail: info@greenteam.org.uk

Web: www.greenteam.org.uk

Thornton Rose Ride-Ability Group- Riding for the disabled

We are looking for reliable people with a big smile who are able to offer us as much of their spare time as they can afford. Experience with horses is great but not essential, there is always the opportunity to learn. There are also many things to do that don't involve the ponies such as helping with fund raising events and general maintenance. Full instructions and training are given.

Contact: Rhoda McCallum-Volunteer co-ordinator

Thornton Rose, Riding for the Disabled, Thornton Farm, Rosewell, Midlothian,
EH24 9EF

Tel: Contact via email or Facebook. **Facebook:** www.facebook.com/thorntonrose

E-mail: enquiries@thornton-rose-rda.org.uk **Website:** www.thornton-rose-rda.org.uk

The Broomhouse Cafe Project

The Broomhouse Cafe Project provides training for: the unemployed, prisoners, adults with learning difficulties, students and young people so that they can help run the Cafe and use this experience in future jobs.

Contact: Donna Mc Cardle 78-89 Broomhouse Crescent Edinburgh, EH11 3RH

Tel: 0131 455 7731 **E-mail:** cafeproject@broomhousecentre.org.uk

Web: www.broomhousecentre.org.uk/

Capability Scotland

Capability Scotland is the leading Scottish disability organisation and has nearly 60 years' experience of providing services to disabled people of all ages in Scotland. Please check with local stores for retail and stock room vacancies.

Volunteer Co-ordinator, ASCS - Advice Service Capability Scotland, Capability Scotland - Head Office, Westerlea, 11 Ellersly Road, Edinburgh, EH12 6HY

Tel: 0131 347 1054 **Website:** www.capability-scotland.org.uk/

Under the "Get Involved" section, there is a "Volunteer With us" section where there is a Contact form.

Cancer Research UK

Cancer Research UK's main aim is to maximise income and awareness for cancer research. A large part of their fundraising exercise is achieved through the selling of retail products to local communities through their charity shops.

Contacts: Lucinda Cazeleymarr

Corstorphine Cancer Research Shop

9/10 Ormiston Terrace Edinburgh, EH12 7SJ

Tel: 0131 334 3580

Minimum Age:14 years

Nicolson Street Cancer Research Shop

Holly McCaig

130 Nicolson Street

Edinburgh, EH8 9EH

Minimum age: 16 years

Web: www.cancerresearchuk.org

Katie Koehier

Clerk Street Cancer Research

Shop 11 South Clerk

Street,Edinburgh, EH8 9JD

Tel: 0131 667 1284

Minimum age: 16 years

Stockbridge Cancer Research

Shop

Carrie Lennon

30A Raeburn Place

Edinburgh, EH4 1HN

PDSA Shops

PDSA is the UK's leading Veterinary charity, treating over 4,650 sick and injured animals daily. The services run by PDSA are run by the hard-working vets and nurses at our PetAid hospitals which are funded entirely by public support. The volunteers in their charity shops help generate this revenue.

Contact: Fiona Lawrie, 85 Nicholson Street, Edinburgh, EH8 9BZ **Tel:** 0131 667 3582

Shelter Shop

Shelter believes everyone should have a home. They help thousands fight for their rights, get back on their feet, find and keep a home. They also tackle the root causes of bad housing by campaigning for new laws, policies and solutions.

Tollcross shop

Contact: Marty Walsh 43 Home Street Edinburgh, EH3 9JP

Tel: 0131 221 9124 **Email:** tollcrossshop@shelter.org.uk **Web:** www.shelterscotland.org.uk

Scottish Youth Parliament (SYP)

The SYP is an organisation led by young people, for young people. It provides the opportunity for young people aged 14-25 to put forward their views and opinions on things which affect them, and seeks to influence decision-makers.

Contact: Hamira Khan Scottish Youth Parliament, Gordon Lamb House, 3 Jackson's Entry, Edinburgh, EH8 8PJ

Tel: 0131 557 0452 **E-mail:** info@syp.org.uk **Web:** www.syp.org.uk

The Ripple Project

The Ripple project pairs young people between the ages of 14 and 19 with vulnerable primary school children. Children are referred to the project if they have issues with school learning, social situations, bullying or other difficulties.

Contact: The Ripple Project, 198 Restalrig Road South Edinburgh, EH7 6DZ

Tel: 0131 554 0422 **E-mail:** rippleproject01@btconnect.com **Web:** www.rippleproject.co.uk

The Guide Dogs for the Blind Association (Scotland)

Fundraising, awareness raising & campaigning

Minimum age 14 years

Puppy training

Minimum age: 16 years as long as there is an Adult in the house

Admin Roles Minimum Age: 16 years

Contact: Guide Dogs for the blind

Tel: 0118 983 5555 **Email:** guidedogsscotland@guidedogs.org.uk

Web: www.guidedogs.org.uk

Salvation Army Trading Company –Tollcross shop

We need volunteers to join our shop team. Role includes helping customers and people making stock donations; operating the till and bagging purchases; and helping arrange the stock in the shop.

Contact: Barbara Glover, 36 Earl Grey Street, Edinburgh EH3 9BN

Tel: 0131 229 8787 **Web:** www.satradingsco.org/

Royal Voluntary Service (Edinburgh)

RVS operates a shop in Liberton hospital, and also runs a ward trolley service, providing an essential service to patients. We do this 5 days a week. Help WRVS make it count in Liberton.

Contact: Wilma Dent **Tel:** 07727 646 043 **Email:** wilma.dent@royalvoluntaryservice.org.uk

Web: www.royalvoluntaryservice.org.uk/hubs/1443-edinburgh-city-and-lothians

The Junction - Young People, Health & Wellbeing

MEET NEW PEOPLE - within the group and when promoting and representing The Junction in schools, flyer drops and special one-off events. Suggest discussion topics, give ideas for how services can develop, support the creation of resources and even develop your own health change initiatives.

Contact: Asia Kozyra, The Junction, 82-86 Great Junction Street, Edinburgh, EH6 5LL

Tel: 01315530570 **Email:** asiak@the-junction.org **Web:** http://the-junction.org

102nd Craigmmond Scout Group

Provision of fun activities to children in a safe but challenging environment.
Various activities which included creative, outdoors and camping.
Contact: Elin Barnett, St Andrews Church, Clermiston View, Edinburgh EH4 7BS
Email: craigmmond102ndcubs@hotmail.com

Seeing Ear

Working from home, in your own free time, you will help us add books to our online library for blind and print disabled members of community ,editing and formatting MS Word files.
Contact: Emily Jones**Tel:** 01424 777466 **Email:** support@seeingear.org
Web: www.seeingear.org/

Barnardo's Leith Walk Kids Store

We need someone with an imaginative brain to display our toys to be fun and eye catching.
We need someone who will bring a happy personality to add to our team at Leith Walk.
Contact: Billy Farrell 144 Leith Walk, EH6 5DT
Tel: 0131 554 4099 **Web:** www.barnardos.org.uk/shop/edinburgh-leith-walk/shop-view.htm?id=SHP-12062

Minimum age: 15 years

Youth Football Scotland (YFS)

Youth Football Scotland aim to provide comprehensive coverage of the nation's youth football scene on a massive scale. As an YFS reporter you will provide up to date match reports and coverage from tournaments in your local area. You also have freedom to research, write and publish feature articles on any given subject in youth football; innovations in tactics, training or local football initiatives.
Contact: Robbie Forsyth, YFS, Caledonia House, 1 Redheughs Rigg, Edinburgh, EH12 9DQ **Tel:** 0131 629 7903 **E-mail:** Robbie@youthfootballscotland.co.uk
Web: www.youthfootballscotland.co.uk

British Heart Foundation

The aim of the British Heart Foundation is to play a leading role in the fight against heart disease. This can be achieved through research, education, care, funding medical research, providing support and information and also providing lifesaving equipment for hospitals and funding the British Heart Foundation nurses.
Web: www.bhf.org.uk

Contact:

Coral Short (assistant manager)
Shandwick Place Shop
85 Shandwick Place
Edinburgh, EH2 4SD
Tel: 0131 229 7998

Lauren Hill
Great Junction Street Shop (Leith)
23-29 Great Junction Street
Edinburgh, EH6 5HX
Tel: 0131 555 4861

Steve Pickett (Shop Manager)
Haymarket road Shop
106A Dalry Road
Edinburgh, EH 11 2DW
Tel:0131 313 5293

Nicolson Street Shop
102 Nicolson Street
Edinburgh EH8 9EJ
Tel: 0131 667 7448

Stockbridge Shop
35-39 Raeburn
Place
Edinburgh, EH4 1HX
Tel: 0131 315 3404

Debbie Riach (shop Manager)
Westside Plaza Charity Shop (Wester Hailes)
Unit 34 Westside Plaza Shopping Centre
Edinburgh, EH14 2SW
Tel: 0131 442 3200

Edinburgh Furniture and
Electrical Store
56a Dalry Road,
Edinburgh EH11 2BA
Tel: 0131 341 2990

British Red Cross

Fundraising is fun, rewarding and a great opportunity to meet new people. You will learn a lot about the work of the Red Cross and meet people involved in different aspects of the society.

Contact:
Erin Butler British Red cross (Edinburgh)
West Point House, 69 North Gyle Terrace,
Edinburgh, EH12 8JY
Tel: 0131 338 5717
Email: eastscotrecruitment@redcross.org.uk

Maria Toyos
44a Raeburn Place,
Edinburgh EH4 1HL
Tel: 01313328192
Email: mtoyos@redcross.org.uk
Web: <http://www.redcross.org.uk>

Citadel Youth Centre

To offer local children and young people, 6-18 years, a programme of play, activities and opportunities designed to encourage, develop and reinforce their skills and self-image in a safe and supportive environment.

Contact: Kay Millar, Citadel Youth Centre, 175 Commercial Street, Leith EH6 6JE
Tel: 0131 554 0510 **Email:** info@citadelyouthcentre.org.uk
Web: www.citadelyouthcentre.org.uk

Minimum age: 16 years

St Andrew's and St George's West

Contact: Church Office, St Andrew's and St George's West
13 George Street, Edinburgh EH2 2PA
Tel: 0131 225 3847 **Email:** churchmanager@stagw.org.uk or info@stagw.org.uk
Web: www.stagw.org.uk

Bridgend Growing Communities

Bridgend Growing Communities is a charitable company which seeks to promote health improvement, address social inequalities and enhance employability by creating opportunities for individuals and communities to come together and grow!

We have groups in Gilmerton, Cameron Toll and Craigmillar.
Contact: Karen/Chris Peach, Bridgend Allotments, 41 Old Dalkeith Rd. Edinburgh,
EH16 4TE **Tel:** 0131 664 9559 **Email:** bridgendgrowingcommunities@gmail.com
Web: www.bridgendgrowingcommunities.org.uk

Fast Forward

Fast Forward is a volunteer supported charity that exists to give young people better skills, education and support to live healthier lives through understanding the facts surrounding drugs, alcohol and tobacco.

Contact: Fast Forward, 4 Bernard Street Edinburgh, EH6 6PP

Tel: 0131 554 4300 **E-mail:** admin@fastforward.org.uk **Web:** www.fastforward.org.uk

The Grassmarket Community Project

The Grassmarket Community Project provides several opportunities for individuals to help those who are homeless or at the risk of becoming homeless.

Contact: Nicky Reynolds, 86 Candlemaker Row Edinburgh, EH1 2QA

Tel: 0131 225 3626 **E-mail:** nicky@grassmarket.org

Web: www.grassmarketcommunityproject.co.uk

Positive Help

Positive Help was set up in 1989 in response to people in Edinburgh living with HIV asking for help with basic day to day living. Since then, our services have developed to meet the changing needs of our service users but our original purpose and nature remains the same.

Contact: Shona Wells, First Floor, 139 George Street, Edinburgh EH2 4JY

Tel: 0131 225 4766 **Email:** shona@positivehelpedinburgh.org.uk

Web: www.positivehelpedinburgh.co.uk

Edinburgh Napier University – Simulation & Clinical Skills Centre

The Simulation and Clinical Skills Centre is purpose-built and provides 870m2 (approx.) of accommodation for clinical skills teaching. Our centre at Edinburgh Napier University's Sighthill Campus provides a stimulating learning environment

Contact: Pamela Craig, Simulation & Clinical Skills Centre, Edinburgh Napier University Sighthill Campus, Sighthill Court, Edinburgh EH11 4BN

Tel: 0131 455 5717 / 3206 **Email:** scsc@napier.ac.uk **Web:** www.napier.ac.uk/scsc

Plusone

Are you interested in becoming a volunteer mentor?

Have you time to give to young people in your local community?

Can you help young people achieve their potential?

If you think you can mentor a young person to help them to achieve their goals and you want to have an informal chat, please Contact below

Contact: Plusone Programme Manager

YMCA Edinburgh, 1 Junction Place, Edinburgh, EH6 5JA

Tel: 0131 553 7877 **Email:** admin@ymcaedinburgh.com **Web:** www.ymcaedinburgh.com

The National Trust for Scotland

Georgian House experience the elegance of 18th-century living in Edinburgh's New Town. Designed in 1791 by Robert Adam, Scotland's foremost 18th-century architect, Charlotte Square was one of the most fashionable and desirable residential addresses in the New Town.

Contact: Dr Sheonagh Martin, Volunteering Office, The National Trust for Scotland, Hermiston Quay, 5 Cultins Rd, Edinburgh EH11 4DF

Tel: 0131 225 2160 **Email:** smartin@nts.org.uk or thegeorgianhouse@nts.org.uk

Hermitage Golf Centre

The Hermitage Golf Centre provide those within the autism spectrum a chance to participate in sports activities which otherwise would be difficult for these people to engage with. Being involved in an activity such as golf can help with the development of a person with autism, and help them integrate with their local community and build key social skills. Contact: Simon Browning, Hermitage Golf Course and Education Centre, 11 Braid Hills Drive, Edinburgh, EH10 6GZ

Tel: 0131 447 5700 **E-mail:** hermitage@aiscotland.org.uk

Web: www.hermitagescotland.co.uk

Scottish Football Association

The Scottish FA is working in partnership with the Scottish Government, funded through the 'Cash Back for Communities' initiative, to provide new opportunities for young people to get involved in football.

Contact: Chris Smith, McArthur Pavilion, 42 Peffermill Road Edinburgh, EH16 5LL

Tel: 0131 667 8245 / 07841569806, **E-mail:** southeast@scottishfa.co.uk

Web: www.scottishfa.co.uk

Team volunteering

You don't have to volunteer as an individual you can also do it as team. So why not get your friends or your school class together and get involved as a group! The Volunteer Centre Edinburgh has Contact with organisations offering team volunteering opportunities.

Contact: Clare Mangan, Volunteer Centre Edinburgh, 222 Leith Walk, Edinburgh, EH6 5EQ

Tel: 0131 225 0630 **E-mail:** saltire@volunteeredinburgh.org.uk

Web: www.volunteeredinburgh.org.uk

Duke of Edinburgh's Awards

The Duke of Edinburgh's Awards scheme are looking for enthusiastic, motivated volunteers who are interested in mentoring new Duke of Edinburgh's Award participants. There are also other roles such as supporting in administrative roles The Duke of Edinburgh's Award is for young people aged 14-25 in the Edinburgh area.

Contact: Fraser Robertson, Duke of Edinburgh's Award, Bangholm Outdoor Education Centre, Craighall Gardens, Edinburgh, EH6 4RD

Tel: 0131 551 4370 **E-mail:** Fraser.Robertson@edinburgh.gov.uk **Web:** www.dofe.org

Granton Youth Centre

GYC aims to increase the confidence and self-esteem of young people aged 16-25 living within the North Edinburgh area. They train a team of volunteer peer educators who communicate their ideas and advice with other young people. The volunteers gain peer leadership and other skills through training. Ages 16 – 25 only

Contact: 3-11 West Granton Road, Edinburgh, EH5 1HG

Tel: 0131 467 5854 **E-mail:** info@grantonyouth.com **Web:** www.grantonyouth.com

Save the Children

Save the Children have hundreds of fundraising groups around the country who organise thousands of events and collections every year. They're always looking for people who can help on an ad hoc basis.

Contact: Susie Barron, Save the Children UK, Prospect House, 2nd Floor, 5 Thistle Street,

Edinburgh EH2 1DF

Tel: 0131 527 8200 **Email:** s.barron@savethechildren.org.uk

ELREC

As an organisation we are committed to tackling hate crime within the City of Edinburgh and the Lothians. We strongly believe that local solutions developed by local young people with local commitment will provide sustainable protection for victims of hate crime who live in the area.

Age group: 16-25 years

Contact: Una Dosen, Edinburgh and Lothian Regional Equality Council, 14 Forth Street, Edinburgh EH1 3LH

Tel: 0131 556 0441 **Email:** admin@elrec.org.uk **Web:** www.elrec.org.uk/

Cyrenians Farm

Through sharing living space, life experiences, the running of a household and generally socialising, our residential volunteers provide crucial support to vulnerable young adults to get their lives on track and to move on to live independently.

Contact: Sharon Rae

Tel: 0131 333 1392 **Email:** rcsvolunteers@cyrenians.org.uk

Web: cyrenians.scot/community-and-food/farm/

Libertus

Libertus is a South Edinburgh based charity. We are looking for enthusiastic people to help us with some of the activities and projects which we run. These range from creating bi monthly radio shows, producing films and documentaries, annual theatre productions, intergenerational projects, alternative therapies, exercise and arts and crafts. You will be working with older people, younger people and people living with special needs. Particularly interested in hearing from people with web based skills, IT, music technology/production and film making.

Contact: Karen Divine

Tel: 0131 672 0986 **Email:** karendivine@libertus.org.uk **Web:** www.libertus.org.uk

Citadel Youth Centre

To offer local children and young people, 6-18 years, a programme of play, activities and opportunities designed to encourage, develop and reinforce their skills and self-image in a safe and supportive environment.

Minimum age: 15 years

Contact: Kay Millar, Citadel Youth Centre, 175 Commercial Street, Leith EH6 6JE

Tel: 0131 554 0510 **Email:** info@citadelyouthcentre.org.uk

Web: www.citadelyouthcentre.org.uk

The BIG project

The Big Project is a youth and Children's Project based in Broomhouse. We work with 5-15 year olds and offer a variety of services to children and young people including open access work, targeted group work, individual support, residential and holiday programme

Contact: Lissa McIntyre, Broomhouse Primary School, 39 Saughton Rd N, Edinburgh EH11 3RH **Tel:** 0131 622 7784 **Email:** bigproject@hotmail.co.uk **Web:** www.thebigproject.org.uk

Water of Leith Conservation Trust

Clean up and tidy up a section of the river and/or riverside, thus helping keep Edinburgh's river a pleasure to visit and a safe haven for wildlife. Essential tools, gloves and advice will be provided, and the disposal of rubbish arranged.

Contact: Helen Brown on **Tel:** 0131 455 7367 **Email:** admin@waterofleith.org.uk

Web: www.waterofleith.org.uk

St. Columba's Shops Limited

If you love working with people, and love a bargain, why not join our team of volunteers who sort, prepare, display and sell a wide range of goods, to benefit our Hospice. Opportunities at Morningside, Leith Walk and Stockbridge

Contact: Sarah Munro on **Tel:** 0131 555 0625

Email: stcolumbas_sm@btconnect.com **Web:** www.stcolumbashospice.org.uk

University of Edinburgh

Clinical examinations which are undertaken by undergraduate and postgraduate doctors require volunteer patients with clear physical signs who are willing to give up some time to help us out in the exams.

Patient Volunteer

Contact: Kirsty Egan

Tel: 0131 242 6535

Email: kirsty.egan@ed.ac.uk

Simulated patient

Contact: Bryan Allan

Tel: 0131 242 6417

Email: bryan.allan@ed.ac.uk

Edinburgh Cyrenians - City Community

Through sharing living space, life experiences, the running of a household and generally socialising, our residential volunteers provide crucial support to vulnerable young adults to get their lives on track and to move on to live independently.

Contact: Charlotte Bunting

Tel: 0131 333 1392 **Email:** rcsvolunteers@cyrenians.org.uk **Web:** cyrenians.scot/

Greyfriars Kirk

Greyfriars Tolbooth and Highland Kirk, built in 1620, was the first church built in Scotland after the reformation. The church is steeped in history, and is bursting with commitment, energy and knowledge. We seek to promote an inclusive society, where no-one is turned away or rejected, a society that encourages empowering love, where people are enabled to lead fulfilling lives, can feel good about themselves and give something back and can discover their spiritual identity as a child of God.

Contact: Steve Lister on **Tel:** 0131 225 1900 **Email:** administrator@greyfriarskirk.com

Web: www.greyfriarskirk.com

Marie Curie Shops

This is a great opportunity to learn new skills, practise skills you already have, meet new people, have some fun and make an important contribution to the work of the organisation.

Contact: Diane Dippie

162 Portobello High Street, EH15 1AH

Tel: 0131 657 5967

Web: www.mariecurie.org.uk

Kate Lazdina

2 Montague Terrace, Edinburgh, EH3 5QX

Tel: 0131 552 9138

Email: trinity@mariecurieshops.org.uk

Health Opportunities Team

A fantastic opportunity to gain experience, to develop your potential or to create a beautiful garden.

Contact: Karen Sutherland, 1A Queen's Walk, in the grounds of the Thistle Foundation, Edinburgh EH16 4EA

Tel: 0131 468 4600 **Email:** info@health-opportunities.org.uk

Web: www.health-opportunities.org.uk/

Edinburgh City Libraries: IT Buddies

This is a very rewarding opportunity for those who enjoy computing and new technology and would be confident in passing on their skills to our clients, many of whom, have very little, if any, experience with computing

Contact: Kenny Sharkey, **Tel:** 0131 469 3615/07809320432

Email: kenneth.sharkey@edinburgh.gov.uk **Web:** www.edinburgh.gov.uk/libraries

Prestonfield and District Neighbourhood Workers Project

The Project operates day services for older people Monday to Friday providing a meal and social activities in our purpose built Centre. Volunteers are required to assist in setting up for lunches, clearing up after lunch and supporting the older person to participate in the various activities on offer during the week.

Contact: Linda Wright, 63 Prestonfield Ave, Edinburgh EH16 5EX

Tel: 0131 620 7222 **Email:** prestonfieldnp@southedinburgh.net

Web: www.southedinburgh.net/pnp

Hospice of Hope Shop, Stockbridge

Join us to make every day count for the terminally ill in Romania and the Balkans by helping us to maximise funds raised in our shops. Have fun, learn new skills and meet new people by preparing and selling donated stock.

Contact: Jackie Innis, 5 Deanaugh Street, Stockbridge EH4 1LU

Tel: 0131 332 8625, **Email:** stockbridge@hospicesofhope.co.uk

Web: www.hospicesofhope.co.uk/

Deaf Action

Have an interest in retail? Fancy getting involved in charity work? Here's an opportunity to undertake a rewarding role as part of our friendly shop team of volunteers, selling a wide range of donated goods.

Contact: Paul Mills, 31 High St, South Queensferry EH30 9PP

Tel: 0131 556 3128, **Email:** paul.mills@deafaction.org **Web:** www.deafaction.org.uk/charity-shop/

Waverly Care-Milestone

We are looking for a volunteer receptionist to be the first point of contact for visitors on the phone and in person and provide a positive first impression by being polite, welcoming, helpful and efficient.

Contact: Sally Wright, Milestone House, 113 Oxbgangs Road North, Edinburgh EH14 1EB

Tel: 0131 441 6989 **Email:** volunteer@waverleycare.org **Web:** www.waverleycare.org

Cre8te Opportunities

We are looking for volunteers to offer guidance and tuition in computing for the beginner's computer course. Volunteers are asked to assist the course trainer by providing help and tuition over the sessions and provide additional on-to-one support.

Contact: Lesley Morrison, Pepper Pl, Edinburgh EH16 4BB

Tel: 0131 661 8888, **Email:** info@digitalskillsacademy.org.uk **Web:** http://cre8te.co.uk/

Corstorphine Youth and Community Centre

Assisting in the charity shop, sorting stock, serving customers, displaying goods and promoting Corstorphine Youth & Community Centre

Contact: Caroline Anderson, Corstorphine Hub, 191 St John's Road EH12 7SL

Tel: 07580659676 **Email:** cyc.centre@gmail.com

Web: www.corstorphine-youth-and-community-centre.co.uk/

Edinburgh & Lothians Greenspace Trust - ELGT

Community gardens are bringing people together all across Edinburgh. This is a great opportunity to get involved and get your hands dirty in one of the many projects in the city.

Contact: Rob Ford on **Tel:** 0131 445 4025 **Email:** rob@elgt.org.uk **Web:** www.elgt.org.uk/

North Edinburgh Arts centre

As a Café Assistant in NEA's Pop-In Café, you will ensure that the kitchen and café area is kept clean and tidy at all times. This will include but is not limited to clearing plates, washing dishes and general back of house duties. Basic food preparation may be required at times.

Contact: Miss Angela Austin, North Edinburgh Arts, 15a Pennywell Court, EH4 4TZ

Tel: 0131 315 2151 **Email:** volunteer_coordinator@northedinburgharts.co.uk

Web: www.northedinburgharts.co.uk/

Calton Welfare Services

To work with staff and other volunteers in a friendly, happy environment providing day care for dementia sufferers.

Contact: Caroline MacPherson, Abbeyhill Baptist Church Hall, Elgin Terrace/Brunswick Road, Leith, Edinburgh **Tel:** 07751459717

Lothians Conservation Volunteers

Fancy a day out at the weekend? The work carried out by our volunteers can make a positive difference to an area immediately benefiting the environment, wildlife and people. It is worthwhile, fun and sociable. There is no application process, simply call to book your place on our minibus for whatever day you wish to join us.

Contact: Debbie on **Tel:** 0131 337 0223 **Web:** www.lcv.org.uk/

Crossreach Perinatal Service

To provide a safe and happy play environment for children of families suffering from post-natal depression. To ensure the safety and security of all children in the crèche's care.

Contact: Joyce Linklater, Postnatal Depression Services located at Goodtrees

Neighbourhood Centre Moredunvale Place, Milton Road East and Wallace House Boswell Road.

Tel: 0131 454 4315 **Email:** pnd@crossreach.org.uk

Web: www.crossreach.org.uk/crossreach-perinatal-services

The Open Door Edinburgh

Volunteers will help make members welcome by chatting to them and supporting them to take part in activities, providing hands on assistance where necessary. Volunteers will also serve hot drinks and meals to members and help with the clearing and washing up. There is an opportunity for volunteers to use their interests and talents to design and lead activities for members or to become involved in food preparation, if they wish to do so.

Contact: Dolina Gorman, The Open Door, 420 Morningside Road, Edinburgh, EH10 5HY
Tel: 0131 447 9757 **Email:** dolina.gorman@theopendoor-morningside.org.uk
Web: www.theopendoor-morningside.org.uk

Place2be

As a volunteer counsellor you will work one to one in a therapeutic capacity with up to 3 children per week. The commitment is for one day per week, for three school terms, from 8.30am to 4.30pm to include therapy sessions and supervision of clinical work.

Contact: Miss Emily Whinnett, **Tel:** 0207 923 5533, **Email:** volunteers@place2be.org.uk

Web: www.place2be.org.uk

Dig-In Bruntsfield Community Greengrocer

We need volunteers to work alongside our Shop Manager and Shop Supervisor. Volunteers need to be friendly and reliable team players, with an interest in healthy eating. Dig-In is a friendly place to work and we are lucky to have very engaged and supportive customers.

You will work as part of a team of all ages and backgrounds

Contact: Morag Deans, Dig-In Bruntsfield Community Greengrocer, 119 Bruntsfield Place Edinburgh EH10 4EQ. **Tel:** 1312812944 **Email:** volunteer@diginbruntsfield.co.uk

Web: www.diginbruntsfield.co.uk/

The Yard

We are looking for an enthusiastic volunteer to raise funds and awareness of The Yard by placing and managing collecting cans, helping out at street collections, bag packs and being a representative of The Yard to the public. All volunteers will be representing The Yard and therefore must adhere to our policies and core values.

Contact: Anna Robinson on **Tel:** 0131 476 4506

Email: anna@theyardscotland.org.uk **Web:** www.theyardscotland.org.uk

Move On - Housing Education Team

Are you aged 16-28 and have an interest in Youth and Community work, or would like to develop your skills in this area? Become a Peer Educator with Move On!

Contact: Stephen Wilson, 2F1, 25 Greenside Place, Edinburgh EH1 3AA

Tel: 01315583740 **Email:** stephen@moveon.org.uk **Web:** www.moveon.org.uk/

Oxgangs Neighbourhood Centre

We are looking for help to organise a new outdoor seating area and design our garden. This will make a nice area for people in our community who do not have their own garden to sit in while visiting the Centre. We would also like to have some people to keep the garden tidy on a regular basis

Contact: Robert Scott, 71 Firrhill Drive, Edinburgh, EH13 9HH.

Tel: 0131 466 0678 **Email:** oxgangsneighbourhoodcentre@gmail.com

Web: www.oxgangsneighbourhoodcentre.org.uk/

Fresh Start

We are looking for volunteers to design and maintain our Community Growing Space. You will work together with our service users and help them gain new skills in gardening, growing food and how to work in a team.

Contact: Stephanie Guerin, 22-24 Ferry Road Drive, Edinburgh EH4 4BR

Tel: 0131 476 7741 **Email:** admin@freshstartweb.org.uk **Web:** www.freshstartweb.org.uk/

Edinburgh & Lothians Twins & Multiples Club (ELTMC)

Engaging, energetic and enthusiastic individuals wanted to assist with our Bump, Babies and Toddler Groups for twins and triplets at various locations across Edinburgh. Fantastic opportunity for anyone interested in a career in childcare.

Contact: Alice Miles on **Tel:** 07714 018 681 **Email:** volunteers@edinburghtwins.co.uk

Web: www.edinburghtwins.co.uk/

City of Edinburgh Council - Health & Social Care Department

The Councils Social Work Aspire Team offer support and guidance to school leavers who will still require support as adults. Volunteers can provide mentoring/befriending support to those school leavers who have a diagnosis of Asperger's syndrome

Contact: Paul Gallagher on **Tel:** 0131 469 6184 **Email:** paul.gallagher@edinburgh.gov.uk

Web: www.edinburgh.gov.uk/info/20015/social_care_and_health

Grassroots Media International

We are looking for an enthusiastic operations assistant, interested in the events and sport management industry and looking for work experience to work in-office the lead-up to the event and during the event itself.

Contact: Murray Milligen, Caledonia House, 1 Redheughs Rigg, Edinburgh, EH12 9DQ

Tel: 0131 629 7903 **Email:** mmilligen@worldyouthfootballfestival.com

Cornerstone

Cornerstone has a new day service based in the Canalside area of Edinburgh. This new service is for older people and people with dementia. We are looking for enthusiastic and committed volunteers to take part in activities, help our staff by serving tea and coffee and to accompany the people we support on outings.

Contact: Lorna Hornsby on **Tel:** 01382 220238 **Email:** lorna.hornsby@cornerstone.org.uk

Web: www.cornerstone.org.uk/

Redpath Albion A.F.C

To coach or help to coach/manage one of our youth teams in the SYFA leagues Under 9's, Under 11's, Under 13's, Under 15's and Amateurs. We would also like to start a few more boys sections and a girls section in the near future. All we ask for is that a candidate has some football knowledge, enthusiasm and most importantly commitment.

Contact: Kris Collinson, 7-A sides at Pilrig Park School, 11-a-sides at Leith academy and younger kids at The Pilmeny Youth Centre, 44 Buchanan Street, Edinburgh, EH6 8RF

Tel: 07533 952 574 **Email:** redpathalbion@gmail.com

Poppyscotland (Edinburgh)

We are looking for a group of volunteer fundraisers to assist 2 young veterans to raise vital funds to support our life changing work. You would work as a group to create and run opportunities to raise money.

Contact: Marianne Craig on **Tel:** 0131 550 1578 **Email:** m.craig@poppyscotland.org.uk

Web: www.poppyscotland.org.uk

CAPS Independent Advocacy

CAPS require a young person age 16-26 to work with the CAPS collective advocacy team, the role requires someone who is able to relate to other young people and is willing to share personal lived experience of an eating disorder of any kind, in order to educate and raise awareness around eating disorders amongst young people. The role requires the willingness to talk about and share experiences of eating disorders with other young people in group situations in various community settings including: schools, universities, public events etc.

Contact: Victoria Jackson, CAPS Independent Advocacy, Old Stables Rd, Eskmills Park, Station Rd, Musselburgh **Tel:** 0131 273 5116 **Email:** victoria@capsadvocacy.org

Newhaven Woodcraft Folk

Help to plan and deliver activities for kids aged 6-16 which get them engaged in society and the world around them.

Contact: Duncan Wallace, Trinity Academy, Craighall Avenue, Edinburgh EH6 4RT

Tel: 07786 050893 **Email:** newhavenwoodcraft@gmail.com

Re-Union Canal Boats

Learn boating skills, get to know our canals, their history, wildlife & plants, learn walk leader skills, earn a John Muir Award! Share healthy eating tips, try new ways of approaching your health & wellbeing, find out about local volunteering opportunities, and benefit from our own community green and blue spaces

Contact: Anna Canning, On the Union Canal in Edinburgh and on our boat "Lochrin Belle", moored at Edinburgh Quay (Fountainbridge). Nearest postcode EH3 9QB

Tel: 0131 261 8529 **Email:** anna@re-union.org.uk **Web:** www.re-union.org.uk/

Volunteer Edinburgh-LOOPS project

The LOOPS project promotes Local Opportunities for Older People in Edinburgh and wants a volunteer to manage our social media, for isolated older people to encourage wellbeing by engagement in the local community.

Contact: Heather Yang, Volunteer Edinburgh, 222 Leith Walk, Edinburgh, EH6 5EQ

Tel: 0131 561 8314 **Email:** heather.yang@volunteeredinburgh.org.uk

Web: www.volunteeredinburgh.org.uk/

Food Sharing Edinburgh

We collect excess food from local businesses and re-distribute it to the community. The team facilitator is the main point of contact for one business and organises the team of volunteers who collect the food.

Contact: Jess Acton, The Food Sharing Office is located at the Shrub Coop: 13 Guthrie Street, EH1 1JG **Tel:** 0131 220 1884 **Email:** swapandreusehub@gmail.com

Web: https://foodsharingedinburgh.wordpress.com

Chest Heart & Stroke Scotland (CHSS)

The main purpose of the Welfare Committee is to further support the work of CHSS by considering and allocating grants to people with limited financial resources.

Contact: Paul Okroj on **Tel:** 0131 225 6963 **Email:** paul.okroj@chss.org.uk

Web: www.chss.org.uk/

Community Renewal - Craigmillar

Working as first point of contact for the East Hub (Craigmillar) you will present a warm and welcoming environment for all our clients, some of whom are vulnerable adults, needing support with health inequality issues.

Contact: Gina Whittaker, 3 Hay Avenue, Craigmillar, Edinburgh, EH16 4RW

Tel: 0131 629 9858 **Email:** gina.whittaker@communityrenewal.org.uk

Web: www.communityrenewal.org.uk/

Oxgangs Care

Sometimes people find themselves isolated because of illness and disability for example: if you feel you could brighten up someone's day with a chat and a coffee then you are the sort of person we would love to hear from.

Contact: Anne Weir on **Tel:** 0131 445 3332 **Email:** befriending@oxgangscare.org

Web: <http://oxgangs-care.weebly.com/>

The Edinburgh Remakery

Are you fed up of paying over the odds for computer fixes or being pressured to upgrade? Are you tired of sending broken stuff to the dump or having broken stuff cluttering your home?

Do you want an end to a world where things are built to break down in the first place?

Our classes are fun, creative and educational.

Get involved, and help revive a culture of repair.

Contact: 127 Leith Walk, Edinburgh EH6 8NP

Tel: 0131 629 9358 **Email:** hello@edinburghremakery.org.uk

Web: <http://www.edinburghremakery.org.uk>

Scottish Seniors Computer Clubs - Edinburgh

Volunteer IT tutors are required to help tutor computing to the over 60s at our Craigmillar club. Volunteers find this a very rewarding opportunity with great feedback from our members. Detailed technical knowledge is not a requirement, but rather a desire to help older people who are new to the digital/internet world.

Contact: Peter Cleat, Craigmillar library, 101 Niddrie Mains Road, Edinburgh EH16 4DS.

Tel: 07714706307 **Email:** pcleat@btinternet.com

Web: <http://sscc-scotland.wixsite.com/seniorscomputerclubs>

Scottish Huntington's Association

Co-ordination and promotion of local fundraising activities.

Contact: Linda Winters on **Tel:** 0141 848 0308 **Email:** linda.winters@hdscotland.org

Web: hdscotland.org/

LinkLiving - Smartliving

The role of the volunteer interpreter is to act as an interpreter for young Arabic speakers in the Edinburgh area. Will need excellent communication skills to relay information between Arabic speaker and worker who is supporting the young person or family.

Contact: Calum Gauld on **Tel:** 0330 303 0302 **Email:** calum.gauld@linkliving.org.uk

Web: <http://linkliving.org.uk/volunteer-projects/smartliving>

Positive Realities

Seeking a committed and interested Trustee to help govern our organisation. As a minimum we are looking for someone who can attend bi-monthly meetings. Ideally we would like candidates to have some experience of the voluntary sector.

Contact: Carole Kelly, Gracemount Youth and Community Centre, 47 Gracemount Mansion Drive, Edinburgh, EH16 6FD
Tel: 0131 629 4800 **Email:** carole@positiverealties.org **Web:** www.positiverealties.org/

HcL Handicabs

To help elderly and disabled people to live in their own homes for as long as possible and should be able to be included in the life of the community.

Contact: Robert Hutson, 24/3A Dryden Road, Bilston Glen Industrial Estate, Loanhead, Edinburgh EH20 9HX

Tel: 0131 447 9953/07902 792 765 **Email:** robert.hutson@handicabs.org.uk

Web: www.hcltransport.org.uk/

Alzheimer Scotland National Office

Various fundraising events around Edinburgh and the Lothians

Contact: Abby Parkhouse on **Tel:** 0131 243 1453 **Web:** www.alzscot.org/

Action on Hearing Loss Scotland

To provide information on deafness, hearing loss, tinnitus, products, campaigns and services that Action on Hearing Loss Scotland offer to a variety of service users including older deaf and hard of hearing people, carers, local community groups, schools and professionals.

Contact: Gillian Gray on **Tel:** 0141 341 5330 **Email:** gillian.gray@hearingloss.org.uk

Web: www.actiononhearingloss.org.uk/about-us/scotland.aspx

Cats Protection

Do you have an interest in animal welfare? This interesting and important role works within local communities encouraging people to neuter their cat, to dispel myths about neutering, raising awareness and helping prevent the unwanted cats of tomorrow.

Contact: Sarah Reid on **Tel:** 0797 643 2709 **Email:** sarah.reid@cats.org.uk

Web: www.cats.org.uk/

Edinburgh Headway Group

Enthusiastic volunteer with a genuine interest in helping our brain-injured adults get involved in a range of therapeutic activities.

Contact: Cristina Costanza, At Headway House, on the grounds of the Astley Ainslie Hospital, Canaan Lane, Edinburgh. It can be reached by bus from Morningside Road or Grange Loan. This would involve a short walk.

Tel: 0131 537 9116 **Email:** volunteering@edinburghheadway.org.uk

Web: www.edinburghheadway.org.uk/

Missing People

Community Volunteers are based all across the country, raising awareness and building support in their local communities. They raise awareness of, and help to find, the 250,000 people who go missing every year.

Contact: Josie Allan on **Tel:** 020 8392 4524 **Email:** josie.allan@missingpeople.org.uk

Drylaw Neighbourhood Centre

Would you like to be an innovator that would keep a local community updated on latest attractions? Our current website is a bit dated and would like it re designed to meet our client's needs.

Contact: Roy Douglas, Drylaw Neighbourhood Centre, 67b Groathill Road North, Edinburgh, EH4 2SA

Tel: 0131 315 4989 **Email:** roy@drylawnc.org.uk **Web:** www.drylawnc.org.uk/

Equality and Rights Network (EaRN)

Volunteer Equalities Ambassadors will provide a valuable link between decision makers and those most affected by poverty, inequality and discrimination.

Contact: Caroline Gibb on **Tel:** 0131 561 8313

Email: caroline.gibb@volunteeredinburgh.org.uk

Web: equalityandrightsnetwork.org.uk/

North Merchiston Club

Be responsible for the overall planning, organisation and review of North Merchiston Club fundraising events; Draw on your networks, friends and family to form an enthusiastic team to plan events and make them happen; Make sure that events are run in line with North Merchiston Club's guidelines and policies; Letter writing and correspondence to gain support; Promotion and advertising; Seeking out opportunities to hold stalls and promotional activities; Liaise with conference speakers/stall holders/events

Contact: Kasia Wypiorczyk on **Tel:** 0131 622 1757 **Email:** kasia@northmerchiston.co.uk

Web: www.northmerchiston.co.uk/

Score Scotland

Climate change community champion in raising awareness of climate change, energy efficiency advice visits, cycling for beginners training to adults, grow your own food support, monitoring and evaluation of project outcomes

Contact: Jolly Oluka, SCORE Scotland, 30 Westburn Grove, Edinburgh, EH14 2SA

Tel: 0131 442 2341 **Email:** jolly@scorescotland.org.uk **Web:** www.scorescotland.org.uk

Edinburgh Napier University - School of Nursing, Midwifery and Social Care

We are looking for volunteers from the public to act as 'patients' to help nurses and midwives of the future.

Contact: Craig Shepherd, Simulation and Clinical Skills Centre Sighthill Campus Sighthill Court, Edinburgh EH11 4BN

Tel: 0131 455 5717 **Email:** simpatients@napier.ac.uk

Web: www.napier.ac.uk/about-us/our-schools/school-of-nursing-midwifery-and-social-care

Edinburgh Dog and Cat Home Charity Shops - Morningside / Stockbridge

An opportunity to help local animal welfare charity. You will develop new retail skills and be a team player.

Contact: Susan Low on **Tel:** 0131 660 0081 **Email:** info@edch.org.uk

Web: www.edch.org.uk/

Bethany Christian Trust

We are a charity dedicated to helping to relieve the suffering and the long term needs of Homeless and vulnerable people. Our services vary from street work to providing short and long term accommodation, to providing housing support, community education. Our

Homemaker project can provide furniture and appliances to vulnerable people who have been granted a permanent tenancy.

Contact: **Tel:**0131 561 8965 **Email:** volunteers@bethanychristiantrust.com

Web: www.bethanychristiantrust.com

Stroke Association

The Stroke Association's mission is to prevent strokes and reduce their effect through providing services, campaigning, education and research. Services include information, advice and support and carer support services.

Contact: **Tel:** 0131 555 7244 **Email:** scotland@stroke.org.uk **Web:** www.stroke.org.uk/

Bield Housing & Care

To provide high quality housing and support for older people in need or at risk in Scotland.

Contact: Christine Dykes on **Tel:** 0131 273 4000 **Email:** info@bield.co.uk

Web: www.bield.co.uk/

Macmillan Cancer Support (Scotland)

Macmillan Cancer Relief (formerly Cancer Relief Macmillan Fund) works to improve the quality of life for cancer patients and their families.

Contact: Shirlie Geddes, **Tel:** 0300 1000 200 **Email:** fundraising@macmillan.org.uk

Web: www.macmillan.org.uk/

Edinburgh Garden Partners

We are an Edinburgh based charity matching people who want to garden with people who have space to share. We focus on those who need the most help, often older or disabled individuals or carers who are struggling to manage their outside space. Minimum Age: 16 years

Contact: c/o Care and Repair Ltd, 1 Osborne Terrace, EH12 5HG

Tel: 0131 347 0529 **Email:** info@edinburghgardenpartners.org.uk

Web: www.edinburghgardenpartners.org.uk

RESULTS UK

RESULTS works to generate the public and political will necessary to bring an end to hunger and poverty. At the heart of RESULTS is a network of volunteers who work together in local groups to become effective advocates for change.

Contact: Tom Maguire on **Tel:** 0207793 3970 **Email:** join@results.org.uk

Web: www.results.org.uk

AgeScotland

Deliver an information and advice service for older people in Scotland, their carers, and families and professionals. Provide the service primarily by telephone, email, letter and to occasional drop-in callers in the reception area.

Contact: Cat Campbell on **Tel:** 0131 668 8040 **Email:** volunteering@agescotland.org.uk

Website: www.ageuk.org.uk/scotland/

Canine Concern Scotland

Canine Concern Scotland promotes responsible dog ownership in Scotland. Volunteers are expected to provide their own well socialised dog and be willing to make a long term commitment of 12 months. Volunteers must also have been a dog owner for at least 6 months.

Contact: Douglas Ruthven (Edinburgh and Lothians) ,Canine Concern Scotland Trust,
5 Frogston Grove, Edinburgh, EH10 7AG

Tel: 0131 445 3678 **E-mail:** douglasruthven@blueyonder.co.uk

Web: www.canineconcernscotland.org.uk

CHILDREN 1ST –Sunflower Garden

At CHILDREN 1ST, our vision is a happy, healthy, safe and secure childhood for every child and young person in Scotland. For over 125 years, originally as the Royal Scottish Society for Prevention of Cruelty to Children (RSSPCC), we've been working to build a brighter future for Scotland's vulnerable children and families.

Contact: Bfriends Edinburgh, CHILDREN 1ST, 1 Borougloch Square, Edinburgh EH8 9NJ

Tel: 0131 650 1119 **Email:** bfriends@childrens1st.org.uk **Website:** www.children1st.org.uk

Lothian Autistic Society

Lothian Autistic Society is committed to making a positive difference in the lives of children and young people with autism, a specific developmental disability. The Lothian Autistic Society supports families and carers by providing accessible high quality autism-specific support services in Edinburgh and the Lothian's.

Contact: Davidson House, 57 Queen Charlotte St, Edinburgh EH6 7EY

Tel: 0131 661 3834 **Web:** www.lothianautistic.org

Royal National Institute of the Blind (Edinburgh and the Lothians)

RNIB provides a service to blind and partially sighted people in Edinburgh and the Lothians which includes rehabilitation services, social work, and volunteer supported activities.

Contact: 12-14 Hillside Crescent, Edinburgh EH7 5EA

Tel: 0131 652 3140 **E-mail:** rniblothian@rnib.org.uk **Web:** www.rnib.org.uk/scotland

Gorgie/Dalry Toy Library

We are an established toy library and need help issuing and returning toys to parents and carers, welcoming them and the children and offering refreshments. Volunteers can join the rota for either or both of our sessions. The sessions are: Monday morning (10:00-11.30 am) and Wednesday.

Contact: David Warnes –committee secretary, St Martin's Community Resource Centre, 232 Dalry Rd, Edinburgh EH11 2JG

Tel: 0131 337 3574 **Email:** info@gdtoylibrary.org.uk **Web:** www.gdtoylibrary.org.uk

Eric Liddell Centre

As an Edinburgh charity working with local people the Eric Liddell Centre is able to do more because people want to assist us. Of course, if we have more helpers, we can do even more.

Contact: Julie Canter or Lynda, 15 Morningside Rd, Edinburgh EH10 4DP

Tel: 0131 447 4520 **Website:** www.ericliddell.org

Leonard Cheshire Disability

Leonard Cheshire Disability supports over 21,000 disabled people in the UK and works in 52 countries.

We campaign for change and provide innovative services that give disabled people the opportunity to live life their way.

Contact: Carol Findlay, Murrayburgh House, 17 Corstorphine Road Edinburgh, EH12 6DD

Tel: 0131 346 9040 **Email:** Carol.Findlay@lcdisability.org **Web:** www.leonardcheshire.org/

Pilton Equalities Project

The Pilton Equalities Project aims to enhance the quality of life for older people in North Edinburgh by continuing to develop services that reduce isolation, which is a problem for many elderly people. The Pilton Equalities Project helps the elderly and other vulnerable and isolated adults to actively participate in community life.

Contact: Elaine- Volunteer Co-ordinator, elainepepequalities@hotmail.co.uk

PEP Centre, 3 W Pilton Park, Edinburgh, EH4 4EL

Tel: 0131 315 4466 **E-mail:** pepequalities@btconnect.com **Web:** www.pepequalities.co.uk/

Minimum age: 17 years

Vintage Vibes

Friendly volunteers needed to provide friendship and support to over-60s (known as VIPs) in Edinburgh who feel isolated and lonely. We match our volunteers with people with shared interests, offering our VIPs the chance to be more socially connected.

Contact: Heather Allan, **Tel:** 0131 343 0955 **Email:** heather@vintagevibes.org.uk

Web: www.vintagevibes.org.uk/

Mentor Scotland

Mentor Scotland has an exciting new youth alcohol project, we require a small team of Youth Team Leaders to develop and deliver this project to young people in South/West Edinburgh

Contact: Gez Lawson, Mentor office, 111 Oxfords Road North, EH14 1ED

Tel: 0131 334 8512 **Email:** admin-scotland@mentoruk.org

Web: www.mentoruk.org.uk/mentor-scotland/