



Firrhill News

October 2015

Produced by the Environment Group

Sports Information Evening



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sportscotland
the national agency for sport



The Sports Information evening took place on Tuesday 8th September. The **Sportscotland** Gold Award was presented to the school by Michelle Livingston and there was an excellent motivational talk by Commonwealth Games bronze medallist for 50m breaststroke, Corrie Scott.

Susan Rome and Lisa Irvine, Young Sports Ambassadors presented sports awards to: Lilian McNab, "parent volunteer of the year" Mr Cruickshank received the staff award and Marley Logan, S6 received the pupil award, for her outstanding commitment to coaching football in the cluster primaries.

Shonagh Cameron, S6 spoke about the successful Sports Tour 2015 to Holland and Germany and the Holland/Germany Sports Tour 2017 (for current S2s and S3s), was launched



There was also a tribute to the late Brian Winning, school athletics coach, who recently passed away



Workshops for parents and pupils were provided - Positive Coaching Scotland and Planning for Success. Local clubs including the Canalside Community Sports Hub provided information leaflets. Sports club tasters included: school hockey club, Boroughmuir rugby club & cricket club and Scottish Squash (who put up 2 courts in the games hall and had 4 coaches available to coach the pupils).

This successful event was thanks to Morag Carmichael, Curriculum Leader, Health and Wellbeing and Lorna Norman, Active Schools, plus pupils, staff and parents for dedication and hard work. Well done everyone!





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UK's Youngest Swimming Judge

Erin MacInnes, S5 pupil, completed her level 1 coaching diving course during the summer, as well as completing her swimming judge qualification the day after her 16th birthday to become the UK's youngest swimming judge (16 is the minimum age to qualify). She has already begun coaching diving, she volunteers as a technical official at swim meets and has been nominated to be the Midland District representative on the National Diving Committee.

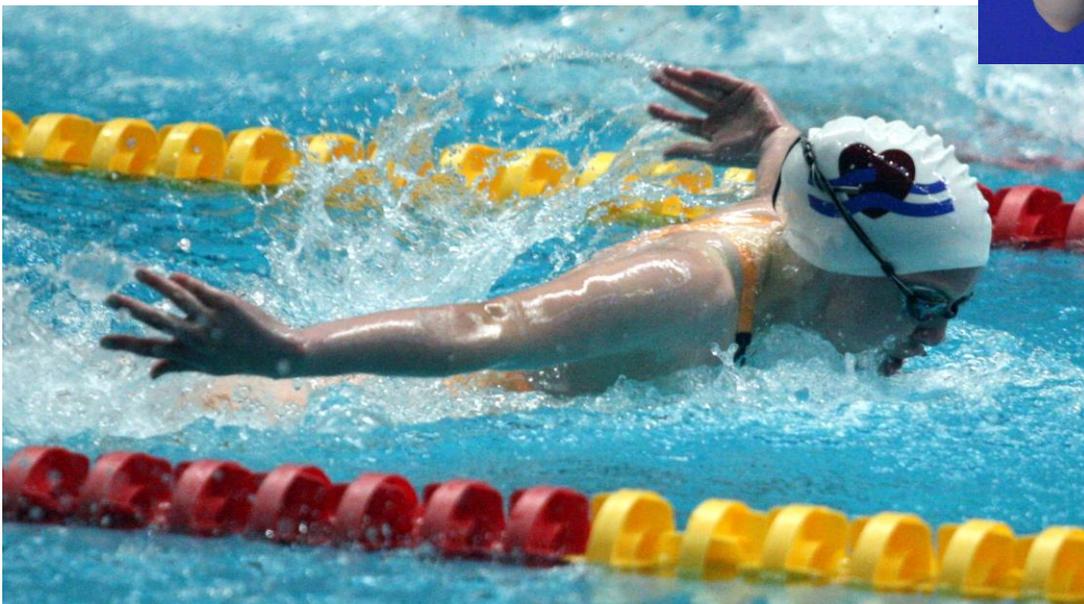
Erin has been invited by Scottish Swimming's East District to be an assistant Team Manager on Scottish Swimming's District Regional Programme (national junior bronze squad, which is run at district level). She is still diving, achieving a 5th place and a 6th Place at British Age Group Championships in Sheffield in May (during her National 5 exams!)



British Champion 13/14years

200m Butterfly Stroke

Keanna MacInnes, S3 pupil has had a number of major successes over the summer. At the British Age Group Championships in Sheffield at the end of July, Keanna won gold in the 200m butterfly to become the 13/14 years British Champion in this event, as well as taking silver in the 50m butterfly and 100m butterfly. Her 100m butterfly time was a new Scottish 13yrs age group record. (She also holds the 13yrs national record for 200m butterfly which, incidentally, is faster than the 14yrs record for the same event!) She was also competing in a number of Open Water events during the summer, becoming the 13/14 years East District Champion over 1.5km and 3km and 13/14 years Scottish Champion over 2km. Following her performances in these events, she has been selected as part of a Scottish Open Water Development squad to compete in the Final 2 Stages of the French Cup to be held at Jablines-Annet near Paris from 11th – 13th September.



Keanna has been exceptionally busy recently with the National Youth Squad performance camp in Aberdeen (in late August), the Scottish Team call-up for the GB Inter-regional triathlon championships in Leicester, the French Cup open water competition and trials for Triathlon Scotland's national foundation squad - all taking place in early September!

Keanna at the British Age Group Championships in the summer

It's great to hear about Firrhill pupils' sporting success. We wish Erin and Keanna the very best as they continue to work hard at their sports

Keanna has recently qualified for Scottish Swimming's top tier of the national youth squad (Junior Gold Squad) for the 2015/2016 season



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Job Fair

On Friday 4th September the 5th Firrhill Parent's Job Fair took place. The Parent Council's Business and Enterprise Group organised the event which aims, by informal discussion, to help pupils from S4-6 to learn more about career options.



There was a really great atmosphere at the job fair. Many companies kindly provided leaflets for pupils to take away.



If you would like to help out at next year's Job Fair please contact fhsjobfair@yahoo.co.uk



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Job Fair continued....

Thanks to the parents and friends of Firrhill High School who took part in this very successful event 😊



Mari Yiannopoulos, Firrhill parent says, "More than 50 parents took part in the Job Fair and the whole of S4 & S5 year groups, plus some S6 students attended. It was very successful and feedback from the day was positive. The Business and Enterprise Group have also advised pupils about writing CVs and conducted mock interviews, in school, again all with very positive feedback."





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Firrhill Hockey Club



On Saturday 29th August the S3 hockey team achieved an outstanding 8-1 win against Boroughmuir High School. The goal scorers were Ailsa, Kirsten, Anna and Mary. Well done to all the players for starting the season with a well-earned, scorching win!



Emma McGregor, Hockey coach for the past two seasons, has been selected for the Scottish Women's Hockey team, as well as the U21 Scottish team. So along with her Engineering Degree at University she is kept quite busy. We are pleased that Richard Jess, who has previously coached our teams, will coach alongside Emma.



Well done to the S3 Hockey team and their coaches for a great start to the season 😊





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PTA & Parent Council AGM

On 7th September the Parent Council and the PTA held their AGMs. An opportunity to share many achievements from the past year and the treasurers presented the groups' accounts.



The meeting was well supported. Ruth Gebbie, PTA Chair and Parent Council Chair, Catriona Luff spoke about their groups' very successful work. Those present included: parents & staff members: acting HT, Mr McClellan and acting Depute Head Teacher, Mrs Ranger and Ms Ham.

The leaders from each Working Group spoke about how they help the school.

Eager to continue to assist in the new academic year, the AGM was followed by a PC and PTA meeting. Please do come to the next PC or PTA/ working groups meeting and find out what parents can do to help enrich education at Firrhill.



Parent Council Meetings – school library 7.00-9.00pm
2.11.15
18.1.16
25.4.16
6.6.16

Parents /carers are welcome at any PC meeting. It is a great way to find out more about what is happening in the school.

Working Group Meetings – school library 7.00-9.00pm
28.9.15
23.11.15
8.2.16
9.5.16

Please come to the Working Groups meetings. - they are fun & informal and good way to help the school and to get to know parents and staff.