



# Firrhill News

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Produced by the Parent Council



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## Firrhill Hockey Club

The Firrhill Hockey Club is a successful parent-run club that enables pupils to learn hockey skills to a high standard, taught by professional coaches, and provides the opportunity to participate in matches and tournaments. The school sports tour features hockey as one of its sports. It is sociable, team-based and a sport that pupils can continue into university and beyond. *Shin pads and a gumshield will be required.*

Thanks to the parents in the hockey committee, and also those on the rota, for all their hard work.



### Interview with Hockey Club member, Stella Small S2

*How long have you been playing with the Firrhill Hockey Club?*

One year.

*What do you enjoy about playing hockey? How is it different from other sports you play?*

It's very sociable. I like when you're playing that you have to think strategically to win.

*Would you recommend joining to new Firrhill pupils?*

Yes, it's a good way to make friends. Everyone in the team is really nice.



The S2 hockey team, (pictured here) played at the Mary Erskine School, where the girls play in a Sunday League. They have had success in the league so far and are currently sitting at the top of their particular group. Very well done to all the players!

If you would like to know more about the hockey club, please contact: [Firrhillhockey1718@gmail.com](mailto:Firrhillhockey1718@gmail.com) your enquiry will be forwarded to the correct team for your year group. Subs are £40 this session (August-June) as this is a parent-run group and not one of the school sports clubs.

### PARENTS AND CARERS TRAINING/COURSE

## Raising Teens with Confidence

Promoting Emotional Health & Well-being



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## Health & Wellbeing Group

"The Parent Council's Health & Wellbeing working group run a couple of evening events each year aimed at parents and carers on a variety of themes such as:

- supporting your child in the run up to exams
- internet safety
- coping with change
- consent
- understanding the teenage brain.

The group also supports the school's delivery of the parenting programme *Raising Teens with Confidence*. New members always welcome!" said Valerie Bell